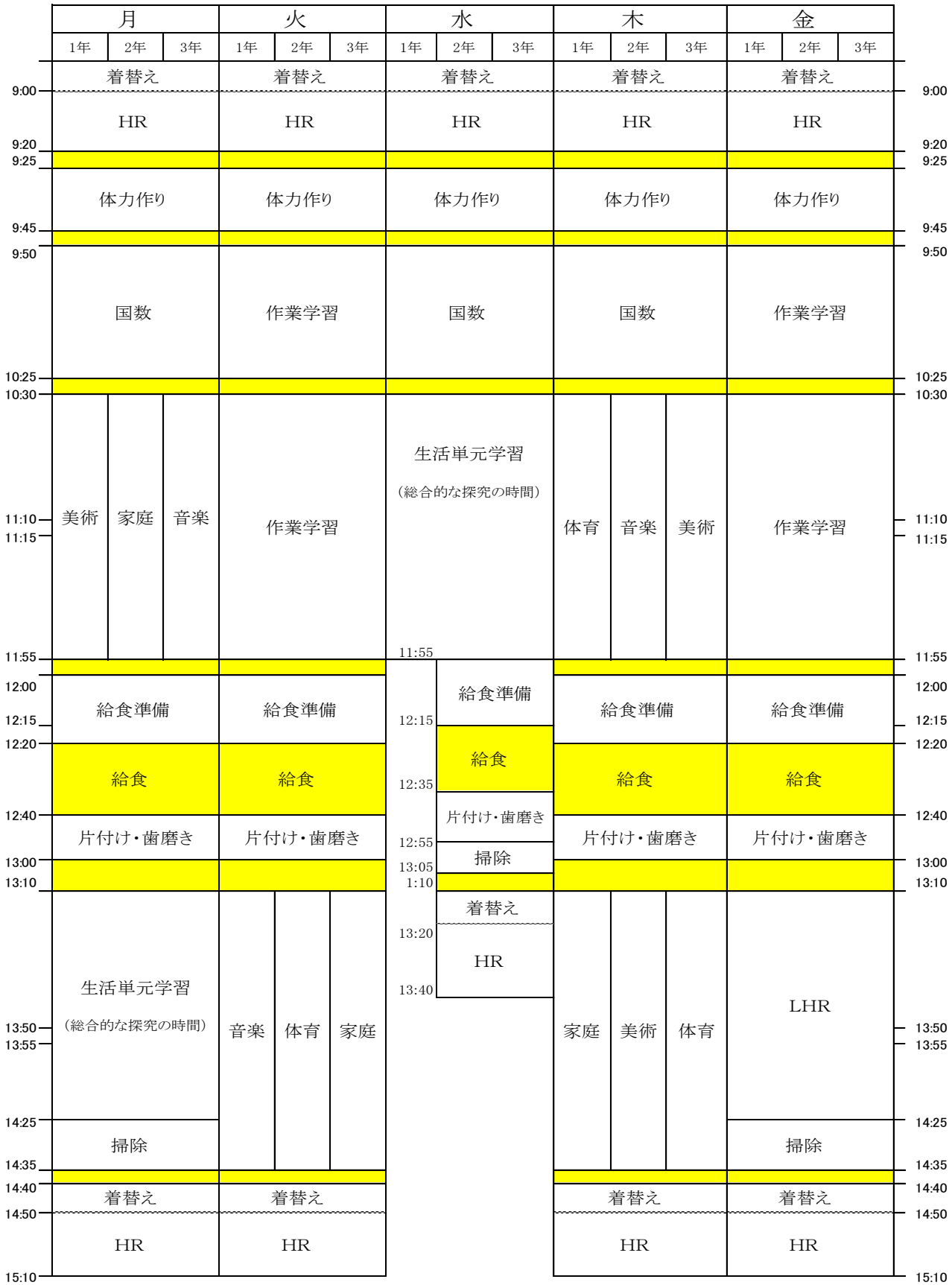令和5年度　高等部　日課表